

Orientation: DIVERT-CARE Ontario Site

Topic	Learning Objectives	Learning Activities/Resources	Group Learning Session
DIVERT-Care Trial Introduction	<ol style="list-style-type: none"> Overview of the development of DIVERT Screening Tool. Overview of the Pilot and DIVERT-Care Trial. 	<ul style="list-style-type: none"> <input type="checkbox"/> Bookmark: National DIVERT-Care Trial website to your internet favorites <input type="checkbox"/> Watch: Andrew Costa development of DIVERT (9 min) <input type="checkbox"/> Listen: DIVERT CARE Trial (9 min) <input type="checkbox"/> Power Point 	<p>Attend:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Rapid Response Nurse CORE Program (1/2 day CORHealth Ontraio)
Congestive Heart Failure	<ol style="list-style-type: none"> Understand the key pathological features of HF with reduced ejection fraction (HF-REF) and preserved ejection fraction (HF-PEF) and pharmacological treatment recommendations Be confident at recognizing patients likely to have a diagnosis of HF Recognize the common symptoms and signs of HF. Identify patients who are experiencing HF decompensation Provide individualized patient education for patients treated for HF and their caregivers. Strategies include lifestyle management, pharmacological and/or non-pharmacological interventions. (Zones) Be confident communicating and collaborating with Primary Care and Specialists (SBAR and key findings warranting follow-up) Know where to refer for community/ambulatory programs for CHF 	<p>Pre-work for Group Learning Session:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Watch: Living Well with Heart Failure (30 min) <input type="checkbox"/> Review: Heart Failure Zones <input type="checkbox"/> Add Videos: Heart Failure Matters to your internet favorites and download to desktop <input type="checkbox"/> Rapid Response Nurse- copy of HF Pocket Guide <input type="checkbox"/> Rapid Response Nurse- copy of 4x6 Managing HF Pocket Guide for nurses 	<ul style="list-style-type: none"> <input type="checkbox"/> Rapid Response Nurse DIVERT meeting/overview <input type="checkbox"/> Day in HF Clinic <input type="checkbox"/> Presentation: Overview of COPD causes, screening, and treatment (CRE NP) <input type="checkbox"/> HF and COPD standardized nursing care plans reviewed

Chronic Obstructive Lung Disease	<ol style="list-style-type: none"> 1. Identify patients at risk for COPD 2. Advocate for smoking cessation/Refer if appropriate 3. Provide individualized patient education for patients treated for COPD and their caregivers. Strategies include lifestyle management, pharmacological and/or non-pharmacological interventions (Zones). 4. Demonstrate proper Inhaler technique. 5. Know where to refer for community/ambulatory programs for COPD 	Pre-work for Group Learning Session: <ul style="list-style-type: none"> <input type="checkbox"/> Presentation: Overview of COPD causes, screening, and treatment. <input type="checkbox"/> Review: COPD Flare-Up Action Plan <input type="checkbox"/> Review: COPD Zones, Breathworks, Circle of Care booklet <input type="checkbox"/> SlimJim on shared drive, CTS guidelines/medication chart <input type="checkbox"/> Video link on desktop for inhaler technique 	
Diabetes	<ol style="list-style-type: none"> 1. Identify patients at risk for Diabetes 2. Provide individualized patient education for patients treated for COPD and their caregivers. Strategies include lifestyle management, pharmacological and diabetic diet. 3. Demonstrate knowledge and skills to support proper insulin administration. 4. Aware of community supports and patient education resources CDA. 	Pre-work for Group Learning Session: <ul style="list-style-type: none"> <input type="checkbox"/> Review CDA website for patient education resources 	<ul style="list-style-type: none"> <input type="checkbox"/> Presentation: Overview of Diabetes pathophysiology and treatment (CDA Educator) <input type="checkbox"/> Diabetes standardized nursing care plans reviewed
Best Possible Medical History (BPMH)	<ol style="list-style-type: none"> 5. Review the principles BPMH and CC/RN role within it. 6. Provide medication administration education. 7. Advise on and recommend medication dispensing alternatives. 	<ul style="list-style-type: none"> <input type="checkbox"/> Completed ISMP workshop <input type="checkbox"/> Review Medication Reconciliation Policy and Procedure LHIN <input type="checkbox"/> Review HF Triple therapy <input type="checkbox"/> COPD Medication progression <input type="checkbox"/> Diabetic oral medications/insulins (types/duration) <input type="checkbox"/> Medications safety Geriatrics 	
Advance Care Planning and Goals of Care	<ol style="list-style-type: none"> 1. Review the principles of ACP and goals of care. 	<ul style="list-style-type: none"> <input type="checkbox"/> Review: Website <i>Speak Up</i> <input type="checkbox"/> Review: Website resources Advocacy Center for Elderly 	<ul style="list-style-type: none"> <input type="checkbox"/> Presentation Hospice/ACP

	<ol style="list-style-type: none"> Learn techniques specific to Serious Illness Conversations/ Goals of Care. (What are your good days? What are your goals and wishes today? How can we help you today?) 	http://www.advocacycentreelderly.org/advance_care_planning_-_introduction.php	(Care Coordinator and Rapid Response Nurse) <ul style="list-style-type: none"> <input type="checkbox"/> MiniLEAP (recommended for Rapid Response Nurse) <input type="checkbox"/> ACP standardized nursing care plans reviewed
Motivational Interviewing/ Choices and Change/ Teach-Back	<ol style="list-style-type: none"> Identify stages of change Recognize communication strategies to promote behavior change Use principles of motivational interviewing and change talk to promote relationship building with patients Identify principles of closing the loop communication Apply teach-back methods during patient education 	Choices and Change (Attend) Workshop Teach-back Watch Video in Rapid Response videos folder	<input type="checkbox"/> Previously provided
Community Supports	<ol style="list-style-type: none"> Identify the service allocation guidelines Communicate effectively with CC to recommend support 	Pre-work for Group Learning Session: Review service ordering guidelines Review senior support services	<input type="checkbox"/> ½ day with CC
Geriatric Considerations	<ol style="list-style-type: none"> Aware of RNAO 3 D Best Practice Guidelines 	Review RNAO BPG 3 D Review referral for Geriatrician	